



**Raleigh**  
International

## Impact Report 2014

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Creating lasting change through youth

A summary of our sustainable development achievements in 2014

# Why we do our work



In 2014,  
**184,843**  
people  
benefitted  
from our work

Today more people than ever before are working together to create lasting change around the world. Despite this, there is much more work to be done.

We connect communities that want to improve their lives and their environment with passionate people from around the world who want to take positive action.

By working alongside young people to create positive change, communities develop their knowledge and confidence and become more empowered.

The energy and motivation of empowered people leads to lasting change.

What do we mean by lasting change? We mean behaviour change. We can demonstrate that our unique approach is a catalyst for positive behaviour change at both the community level and amongst the young people who volunteer with us.

# Why young people?

There are 1.8 billion young people in the world today. They are the most important resource the world has, yet they are often undervalued, underestimated and expected to underachieve. We're working to change that.

We believe that young people are the generation that has the energy, optimism and creativity to make change happen. And they are open to new ways of thinking and doing. Raleigh has over 30 years of experience of tapping into young people's potential to inspire and empower them.

"I have talked to people in the communities who say that they are inspired by volunteers coming to their community to work. They say to me, 'Why shouldn't I work for the welfare of my community if they are?' They see the passion and vocation in it. It inspires them to do more." - Ignacio Moreno from local project partner in Nicaragua, Cooperativa Juan Francisco Paz Silva

We support people and communities to overcome the challenges they face, whether socio-political, economic or environmental, and help them to find the best solutions for change. By bringing together teams of young volunteers with communities in rural areas, and through a hands-on learning approach, we inspire and empower them to create lasting change.

Alongside our local and international volunteers, project partners, local communities, funders, and 40,000 previous volunteers, we form a global community who are passionate about working together to build a sustainable future.

The outcome is a better quality of life for everyone



"The thought of having running tap water available in the community makes me really, really happy- it means that I don't have to travel to and from the water source to collect water every day, which is difficult considering I'm nearly 5 months pregnant. But we need water, so I can't avoid it. But soon that's no longer going to be needed and I am truly ecstatic about the fact that I won't have to send my child to fetch water when he's older!"

- Yajaira, community member, Nicaragua

# Raleigh in 2014

Our 2013 – 2016 strategy focuses on providing access to safe water and sanitation, protecting vulnerable environments, building resilient communities, developing national youth societies and building a youth leadership culture.

One of our values is creating impact together. We are proud to share some of our achievements from 2014 that couldn't have happened without all our supporters, communities, project partners and volunteers working together.

## The Raleigh way

The Raleigh way defines how we bring our values to life. Communities, project partners and volunteers create impact together by bringing transformational change to people's lives in poor rural communities whilst protecting vulnerable environments.

Our work in 2014 was delivered with, for and through diverse teams of young people in partnership with local communities and organisations in Malaysian Borneo, Costa Rica, India, Nicaragua, and Tanzania. In 2016 we will begin operations in Nepal, where the need for our work has become even more apparent following two devastating earthquakes in early 2015.

Volunteers, working alongside community members and local project partners, are trained to undertake research, raise awareness, share and exchange knowledge with peers, build community infrastructure and develop key resources. It may be that they are constructing gravity-fed systems that bring safe water to families for the first time; building toilets with those who have never had one before; raising awareness of health and environmental issues and influencing positive behaviour change; or bringing communities together to work more closely with each other and share resources. We never simply provide infrastructure. Volunteers are inspired to share and understand lifestyles of local people and use that uniquely deep insight to bring about positive behavioural change within the communities and themselves.

Our hands-on approach to learning doesn't just apply to volunteers; we make sure that everyone who comes into contact with Raleigh has a positive learning experience and can draw on that for the rest of their lives.

In 2014, 184,843 people benefitted from our work, with the support of 2,163 volunteers from all over the world, our project partners and donors.



# Our Impact: Access to safe water and sanitation



We continued to support rural communities to improve access to safe water and sanitation. In Tanzania, only 44% of people have access to safe water, whilst only 12% have access to improved sanitation facilities. 66% of Nicaraguans living in rural communities have access to safe water, with only 37% having access to adequate sanitation. Improvements in these areas can have a significant impact on the health of vulnerable communities and as a result, community members have more time to earn a living, stay in education or care for their children.

Volunteers increased access and use of safe water and sanitation, and promoted better hygiene practices within people's day to day routines. Through doing this, they helped to reduce preventable illness, encouraged hygiene and positive sanitation behaviour change, and improved water resource management.



# Case Study



## Water, sanitation and hygiene in Tanzania

As part of the UK government-funded International Citizen Service (ICS) programme, teams of Raleigh volunteers worked in Mgongo Village, Singida to improve access to safe water and sanitation. Mgongo did not have a regular water supply and water shortages were frequent in the dry season with very little rainfall. Volunteers worked with community members and project partner SEMA to build a water distribution system to address this problem; digging and filling trenches for water pipes leading to the water distribution points.

Volunteer research found that water-borne illnesses such as diarrhoea were prevalent in the community, and 28% of people surveyed did not treat their water before use, often using stagnant water for drinking. In response to this, the volunteers delivered numerous awareness-raising sessions on water and sanitation issues, encouraging positive hygiene practices. Almost 3,000 people attended 4 community action days and 38 awareness raising sessions, delivered by the volunteers.

The number of people suffering from diarrhoea has decreased significantly since Raleigh's involvement in Mgongo began. Data collected from the hospital shows that the number of sufferers aged 0-5 years dropped by 59.6% between February and March 2014, compared to a 9% decrease for the same period in 2013. The local hospital attributed these figures to the work of the volunteers in promoting positive water and sanitation practices. It shows that when community integration is successful, messages resonate and people begin to adopt and maintain positive habits.



“Before Raleigh volunteers visited, there were a lot of diarrhoea cases but now they have already reduced. I used to see 80-100 patients a day with diarrhoea. Now it is about 40 patients a day.”

- Omn Kwatlema, Clinical Officer, Mgongo Health Centre

“Before the taps every day was a struggle. When the nearby river was dry I had to walk around six hours every day to the lake to collect water. Life has been much easier since clean water has been available. We can now clean our clothes, wash our pots and pans and most importantly wash the children. Illness has also decreased in the family because we used to have regular cases of typhoid, worms and diarrhoea, but now there are hardly any.”

- Mama Nkapa, community member, Mgongo, Tanzania

In Tanzania, only  
**12%** of people  
have access to  
improved sanitation

# Case Study



## Water, sanitation and hygiene in India

In the rural farming community of Handi Gudda in Karnataka, volunteers worked to address the severe lack of water and sanitation facilities which was affecting the health of the community.

After conducting surveys, volunteers found that open defecation was widely practiced in the village and while a number of houses had toilets, they were poor quality and needed repairing. There was also a lack of knowledge of good hygiene practices amongst community members.

To address this, volunteers worked in collaboration with community members and project partner Coorg Organisation for Rural Development to repair and build 20 latrines in the community, as well as constructing a 5,000 litre water tank in the centre of the village.

Volunteers led peer-to-peer awareness-raising sessions on the importance of good hygiene practices. They also built 27 tippy taps, one at each toilet location and a few other strategic locations complete with guides on how to correctly wash hands with soap.

To ensure the sustainability of the project, the team created two self-help groups, ensuring that each group had a passionate leader. Leaving resources behind such as guides, murals and lesson plans has enabled the villagers to continue to be reminded of the message of good hygiene practices. As community members were involved in the construction of the water tank and toilets, they were also able to gain training on how to repair these facilities in future.

With over 25 peer-to-peer sessions and 3 health-related action days reaching nearly 1,000 people, Raleigh volunteers felt their work had impacted greatly on the community, with post-project surveys showing a significant increase of health knowledge in the village.

## Other WASH quotes

“Raleigh quickly brings an impact to our work. In schools, the volunteers taught the children a song about health, taught them how to build tippy taps and now there is a tippy tap in the bathroom and they still use it. The result is a change which continues, for example, the children washing their hands using soap and clean water.”

- Wilhimina Malimali, Wash Adviser at Sanitation And Water Action (SAWA), Tanzania

“The project will help the communities to access clean water and hopefully will enable them to have better lives. They will be able to save time, wash properly, have better hygiene and in the long term this will help to improve their economy. The progress we made was really rewarding, we could see where our hard work was going and it was incredible to be part of it.”

- Emma, UK volunteer in Nicaragua



# Our Impact: Independent WASH Case Study



Independent evaluators Jigsaw Consult carried out an evaluation study to measure the impact of our WASH programmes. Their findings highlighted three significant impacts:

## Behaviour change

The most frequently changed behaviours mentioned by beneficiaries were personal and family hygiene, such as hand washing, followed by community hygiene and sanitation, such as waste management. The majority (64%) of beneficiaries stated that they are now washing their hands more frequently and 46% stated they are cleaning their latrines more thoroughly. 49% of beneficiaries spoken to stated that improved hygiene was one of the top three greatest impacts in the community since Raleigh volunteers' involvement.

## Youth and community engagement

Of the beneficiaries surveyed, 40% stated that youth engagement was one of the top three impacts of Raleigh volunteers' involvement. Local young women and men are now volunteering within communities and taking an active role in issues of social importance. Many young people are serving as promoters for good hygiene practices and some are representatives on water and sanitation committees, strengthening their engagement with governance.

## Empowerment of women and girls

Empowerment of the most marginalised in the communities, specifically women and girls, has been a result of the manner in which Raleigh volunteers have interacted with the communities and the methodological approach employed. Volunteers have delivered specific training and awareness days on topics to support them, as well as establishing women's groups and youth groups to provide opportunities for further equipping and support.

“There used to be a lot of diarrhoea and vomiting in the community, but since the health and hygiene training in the community and the use of tippy taps, this has dropped significantly”

– Yunerlin Moreno Valle, community member, Las Brisas

“We are not just being given information, but being trained and given the tools to improve our own lives. They have taught me to appreciate the environment I live in and train me as a FECSA promoter even though I am still young. I am now able to pass this knowledge on to others in the community and I feel proud.”

– Dabia Yubelkis Moreno Chavarria, community member, San Jose

64% of beneficiaries  
stated that they are  
now washing their  
hands more frequently



# Our Impact: Effective use of natural resources



We continued to work alongside communities whose lifestyles have a direct impact on some of the planet's most vulnerable environments.

The Sabah region of Borneo is home to some of the world's oldest, most biodiverse rainforests which are important not only to Malaysia but the planet as a whole. However, due to an acceleration of forest conversion outside the forest reserves, as well as forest degradation within the forest reserves, much of the region's biodiversity has been lost. In Costa Rica, much of the area surrounding the country's virgin forest has been heavily deforested, mainly for cattle ranching, and is now plagued by wild fires during the dry season.

Volunteers carried out research on animal migration patterns in Borneo, helped to develop biological corridors in Costa Rica, and established community action groups in Nicaragua, whilst engaging youth and local communities in the wider conservation movement. Our close relationships with several national parks and environmental authorities in Borneo and Costa Rica allowed volunteers access to unique areas in need of conservation support. In Costa Rica, we supported the National System of Conservation Areas to improve access to six protected areas, enhance relationships between local communities and park authorities and engage young people in community-based natural resource management.



**6**  
National parks and protected rainforests worked in



**1,500**  
Trees planted



**17,115**  
Metres of conservation trails built or maintained



**19**  
Environmental education & awareness sessions



**3**  
Infrastructure projects



**2**  
Biodiversity surveys



## Case Study



### Natural resource management in Borneo

Sabah is home to some of the oldest rainforests on Earth. These forests act as carbon sinks, contain medicinal plants and generate millions of dollars in tourism income for the region.

However, due to an acceleration of forest conversion for farming and palm oil outside the forest reserves, as well as forest degradation within the forest reserves due to overharvesting of resources, much of the biodiversity in the forest landscape has been lost. Protected areas are becoming increasingly isolated, and the prospects of many species are worsening.

In Borneo, Raleigh volunteers worked with the Sabah Foundation (Yayasan Sabah) to protect forests in Maliau Basin & Imbak Canyon Conservation Area and Taliwas Forestry & Recreation Area. This work included developing and maintaining visitor trails and access routes which will further enable scientific research.

“Our protected areas have benefited tremendously from the work of Raleigh International’s volunteers since the mid-1980s. They have invested lots of time and energy in helping us to undertake maintenance and construction works such as construction of suspension bridges, water gravity systems and trail blazing. Our field staff have also gained a lot from the presence of the volunteers, who come from different parts of the globe, as this enabled them to share experiences and learn from each other, as well as raise their self-esteem and confidence in communicating with foreign visitors.”

- Dr Waidi Sinun, Group Manager of Conservation and Environmental Management Division (Yayasan Sabah)

**Sabah is home to some of the oldest rainforests on Earth.**

# Case Study



## Natural resource management in Costa Rica

La Cangreja is one of the few remaining areas of virgin forest left on Costa Rica's Pacific slopes. The surrounding area has been heavily deforested, mainly for cattle ranching, and wild fires are common during the dry season. Declared a national park in 2005, La Cangreja contains a wide variety of species of flora and fauna, including many that have been identified as having medicinal uses. Poaching and deforestation are still widespread with climate change and poor waste management also affecting the area.

Due to its inaccessibility, the park has suffered from the absence of tourism as well as a lack of interest from the local communities. Volunteers worked to improve trails within the park, creating an entrance in the town of Mastatal to encourage visitors both to the park and the town, with the greater aim of stimulating the area's economy. More sustainable, small-scale eco-tourism will increase the funds which go towards successful maintenance of the park whilst creating more job opportunities within the community.

Teams worked alongside local NGO, Fundacion Ecotropica and project partner, SINAC, to engage with communities that live on the fringes of the park and to demonstrate the value of conservation as a means for long-term economic development over short-term means such as poaching.

Volunteers successfully created a map of the park which surrounds Mastatal, an area which has never been mapped before. Volunteers were also involved in a meeting at the park's Ranger Station, attended by the President of Costa Rica and the Minister of Environment which will determine much for the sustainable future of La Cangreja National Park.

**Volunteers successfully created a map of the park which has never been mapped before.**



# Our Impact: Improve community resilience



Each of the countries we work in has unique social, environmental and economic challenges.

In Nicaragua, there are few opportunities for young people. Many are migrating to cities in search for work, leaving behind the economic prospects of their communities. In Tanzania, rural areas lack access to basic services and infrastructure, and youth unemployment is soaring. In the Sabah region of Borneo, rural communities are missing out on the benefits of a rapidly growing economy. Many of Borneo's poorest people live in remote areas and do not have access to health and social services, education or economic opportunities.

Volunteers helped to increase the resilience of rural communities by helping them adapt to, respond to and recover from these challenges. They supported communities to improve access to education, preserve traditional languages, and to create sustainable, reliable incomes. Volunteers also supported communities in preparing and planning to prevent potential environmental problems relating to climate change, helping them to build networks to facilitate skill and share knowledge that will further improve their resilience.

“Raleigh has a unique capacity to really integrate into the village community. By engaging the local people it brings them together to achieve ownership over the project. Seeing young people from other countries opens the eyes of the local people, showing how meaningful the work is and challenging them through leading by example.”

- Frances Qamara, Project Officer, DMDD, Tanzania



# Our Impact: Improve community resilience



**2**  
Early Childhood  
Development  
Centres (ECD)



**73**  
Demonstration water  
dykes



**6**  
Community Centre  
Upgrades



**45**  
Demonstration family  
vegetable plots



**76**  
Awareness Raising  
Events



**167**  
Local Young people  
trained in  
entrepreneurship



**300km**  
Irrigation Trenches  
for Agriculture



**4**  
Entrepreneurship  
Enterprise Fairs



**172**  
Community  
members trained  
in sustainable  
techniques



**13**  
Mentorship networks  
established for  
young entrepreneurs



**108**  
Demonstration  
ecological ovens



**4**  
Business plans  
developed for youth  
entrepreneurs living in  
rural communities



**131**  
Demonstration water  
filters



# Case Study



## Access to education in Tanzania

Volunteers worked alongside project partner Save the Children to set up an Early Childhood Development (ECD) Centre in Salawe, Shinyanga. The centre will provide a free, safe learning environment and social support for some of the community's most vulnerable children under six.

Salawe has a population of approximately 2,500. For children aged six or under, there is limited educational provision and most of them play in the streets or stay at home with their families rather than attend school. Many children of this age suffer from poverty, malnutrition and poor health; a large number have been orphaned through AIDS, some are homeless and others have been employed by local people to carry out manual labour. A pre-school particularly benefits these children.

With the assistance of the village development officer and project partner, volunteers held a series of meetings to discuss the ECD Centre, with a total attendance of 500 community members. Volunteers worked alongside community members to construct the centre, which has the capacity to accommodate around 200 children.

Research has shown that Early Childhood Development programmes have significant benefits for children, particularly those who are disadvantaged. Children who attend the ECD are more likely to continue attending school and have better educational performance, as well as developing better social skills, self-confidence and motivation.

“Children who have attended the ECD Centre generally do better in school and I think they also benefit in a lot of other ways: they are more understanding of their surroundings, more developed and they are able to socialise better with other children. I think the new ECD Centre will also help with gender equality in the community, as young girls will attend. They then will be more likely to attend primary school – in Salawe girls' education isn't a priority.”

– Mike, Salawe Village Development Officer, Tanzania



# Case Study

## Community Learning in Malaysian Borneo

Situated in the northern tip of Borneo in the Pitas District, the poorest district in Malaysia, Kodong is home to the expert weavers and farmers of the Rungus people. Despite their great artisan and agricultural strengths, the community of Kodong have struggled to build the future they want for themselves and their children.

A small group of weavers, teachers and parents felt that it was time to create a communal hub for lifelong learning, so approached Raleigh and local partner PACOS to convert an unused building into a Community Learning Centre (CLC). The centre would provide a catalyst for cohesion in the community, providing knowledge and skills that will support the development of Kodong.

One year after construction, the village has already started to notice a shift in their self-efficacy and aspirations. As Ati, a mother of two, explains, “Raleigh is the reason why this village has awoken from its dream. Because of the CLC, the village has become one and is stronger than before.”

The CLC is also used for adult education, often taking place while kindergarten classes are in session so that the mothers of Kodong can freely attend. Traditional arts are also taught here, with expert weavers passing their skills onto young adults. Kodong is now emerging as a community with a strengthened cultural identity, growing capacity for leadership and a place for lifelong learning.

“The CLC is the place that brings our community together. The building is a venue for community planning and decision making, using a communal space to discuss village matters has increased the participation of women and young people in the decisions that affect their lives. The CLC is important to all villagers; they come here not only for the children to learn but for the adults to discuss and decide on things good for the village.”

– Hani, community member, Kodong

“This is where it all starts for our children. The CLC helps our kids to grow and learn, when they grow up they will have a better future, they will have good jobs, they will guarantee their legal rights.”

– Marcela, community member, Kodong



the village has already started to notice a shift in their self-efficacy and aspirations



## Case Study



“I never thought I could actually be pitching for my own business idea. Opportunities like this are rare for someone like me. In my village opportunities are very limited and applying for a loan is normally too risky, as the interest rates are so high. Not having enough knowledge of the industry is daunting too. However, after attending the training provided by the Raleigh volunteers I now have enough confidence to start my own business and create a new path for my life.”

– Nicolaus Moses, young entrepreneur from Lukata, Tanzania

“Raleigh is a valuable partner. Through our partnership, we could bring change to remote rural communities in Borneo. The Community Learning Centres that were built by the volunteers are now the hub for learning and the WASH projects have made it possible for communities to access clean water. PACOS as a community-based organisation has also benefited in terms of building its organisational capacity through its engagement and discussions with Raleigh project leaders”.

– Anne Lasimbang, Founder & Executive Director, PACOS Trust, project partner in Borneo

### Empowering young entrepreneurs in Nicaragua

As part of the International Citizen Service (ICS) Entrepreneur programme, volunteers worked in a number of rural communities, supporting local entrepreneurs to combat poverty through enterprise.

In the communities of Sonis and Aguas Calientes in the Madriz region of northern Nicaragua, 38% of families live below the poverty line on less than US\$2.80 per day. Most young people in the area do not receive tertiary education and there is a lack of access to support and credit for small businesses, resulting in many leaving their communities for urban areas in search of work.

Volunteers worked to address the lack of opportunities for local young people by supporting them to start their own businesses. Working closely with project partner INPRHU, Raleigh volunteers delivered workshops on sources of finance and money management, as well as working one-on-one with the entrepreneurs to develop their individual business plans. Teams also trained the entrepreneurs on pitching their business plans to obtain investment.

Activities led by the volunteers provided the entrepreneurs with the opportunity to improve or gain new skills which helped to boost their self-confidence in their own ability to successfully run a business. To ensure that entrepreneurs continue to receive support, volunteers identified local mentors with relevant skills or business knowledge who will support the entrepreneurs on an ongoing basis.

Following an independent evaluation by the Overseas Development Institute (ODI) which will be published later in 2015, early indications have shown that entrepreneurs are creating and sustaining businesses which are meeting community needs, such as bakeries and chicken farms. As a result, community members are reducing costs and time spent accessing services. There is also evidence that serial entrepreneurs are emerging, and employment opportunities are being established for family members and the wider community.

# Our Impact: Inspiring Young Leaders



2,163 volunteers and volunteer leaders from 31 countries contributed their energy, passion and skills to our sustainable development projects.

28 young people who would otherwise not have been able to join an expedition received a bursary award, and a further 50 young people were supported with full bursaries through Raleigh's Youth Agency Partnership Programme. Volunteers from host countries also received financial assistance to join an expedition. In total, 28% of all young people taking part in expeditions received a bursary.

1,712 young people from 31 countries developed their skills and confidence to become leaders and active citizens in their own right.



# Our Impact: Inspiring Young Leaders



Volunteers surveyed in 2014 agreed that the programme had a positive impact on their:

- Leadership and team working 89%
- Intercultural awareness 86%
- Global awareness 88%
- Personal aspirations 87%
- Self-Management 90%
- Problem Solving 88%

We deliver our impact through young people so feedback from our volunteers is important to us. They agreed that:

- Our community projects were sustainable 95%
- Our projects were of value to the community 95%
- They were able to make a worthwhile volunteering contribution 90%

“Water was what we needed and Raleigh has made this possible. We now have water and latrines at our houses and this has made a big difference to our lives. There used to be a lot of illness in the community, but no one is getting ill any more. We are using the clean water and following the advice in the health and hygiene training and we are happy.”

- Rito Gonzalez, community member, El Rodeo, Nicaragua



# Our Impact: Inspiring Young Leaders



**975**  
young volunteers  
from UK

**415**  
volunteer leaders

**569**  
young volunteers from Costa Rica,  
India, Malaysia, Nicaragua Tanzania

**50**  
young people from underprivileged  
backgrounds in the UK took part in  
our Youth Partnership Programme

**168**  
young volunteers from other  
countries such as China, Holland,  
Germany, Australia

**100**  
volunteer training events to support  
our volunteers before and after  
programme

“My experience living and working with the local community in Chamwino-Ikulu, Tanzania, really did change my life. I think differently, act differently and I approach every single aspect of my life in a more positive way. I am very much a small cog in a much bigger wheel, but if I get turning I can contribute to something good. I now actively look around me and have a desire to learn and progress all the time. I am proud to have made this change. We went as young men and women. We came back as global citizens.”

- Andy, UK volunteer in Tanzania

“During my Raleigh placement I learnt how to raise awareness of issues like sanitation, hygiene, saving water, and the importance of education. I became very passionate about applying these skills to reach even more communities. Raleigh was a platform for me to prove myself and through this I was able to make positive social changes. I don't believe young people always get the proper encouragement and support to be able to prove ourselves, but I am really interested in continuing to contribute to society and continuing to work in development.”

- Manjunath, Indian volunteer

“Raleigh helps people learn new skills. I have learnt how to raise awareness about issues such as the importance of hand-washing and how to build co-operation and respect within a community. I hope to use this knowledge in the future to help people to solve their problems such as reducing diseases through hand washing. Through Raleigh, I understand the responsibilities of a leader and how to lead within a group. I am more confident in myself. Volunteering is very important because it helps people to develop their competence. I've seen this for myself – as a volunteer I've learnt so many things.”

- Fachila, Tanzanian volunteer



# Young leaders taking action

We continued to empower and inspire young people after their volunteering programmes, challenging them to continue to make a difference in their own communities.

Our volunteers initiated more than 517 formal social actions on their return from our programmes. These actions included: creating a video about the issues faced by rural communities in India; writing to MPs about environmental issues; screening awareness raising documentaries and hosting seminars; speaking at high profile events; running workshops; or undertaking further action research and raising health awareness in the host community to support their continued development.

## Emily Nyoni, UK Raleigh ICS volunteer in Tanzania

Emily gave a presentation at Uxbridge Community College about her experience of volunteering in Tanzania, and suggested ways that people can get involved with development. Emily ran an interactive activity on the Millennium Development Goals (MDGs), followed by a screening of a Girl Effect video to highlight the long-term impact of development. 30 people attended the event, and many expressed an interest in volunteering locally.

“I have always been afraid to speak publicly amongst individuals that are not my peers, and whilst on placement holding community meetings and awareness days had gradually granted me that confidence. I thought that by sharing my experiences and understanding I could apply and transfer my skills at home.”

- Emily

“Emily’s presentation had a massive effect on my heart, watching it I had to hold back the tears with the lump in my throat. What she’s done is inspirational and as a mother I was deeply moved. The presentation taught me enough to know that everyone should get involved in development.”

- Audience member; student and mother



# Young leaders taking action



## Dillon Haldane, UK Raleigh ICS volunteer in Tanzania

Dillon raised awareness of the lack of access to clean water in developing countries by walking seven miles to collect twelve litres of water, every day for seven days. He created a video and used social media to engage over 160 people in his action. Dillon was inspired by his time volunteering in the rural village of Mayamaya, Tanzania, where daily treks to collect water are part of life.

“They have to go to dirty streams which animals walk through... So, you’ve walked two hours to get your water and then to even drink it safely you have to boil it... which means you have to go and get wood”.

- Dillon

## Miriam Dariana, Nicaragua Raleigh ICS volunteer

Miriam founded the ‘Pinto Learning’ project, which aims to dispel misinformation about sexual and reproductive health in rural Nicaraguan communities. Miriam ran 2-hour sessions with teenage girls in her community, and then asked them to capture what they had learned through painting. Their work was then exhibited within their community, alongside information about sexual and reproductive health. The project has been a huge success, attracting the attention of the US Peace Corps. The method is now being replicated in other areas in Nicaragua.

“I chose to do this project because of the high teen pregnancy rates in Nicaraguan communities. The main reason for this is misinformation.”

- Miriam Dariana, Nicaragua Raleigh ICS volunteer

“[Pinto Learning] is an opportunity for me to discuss all the topics I don’t feel able to talk to my parents about but still concern me, and the best part is that I discovered I have a talent for painting.”

- Hassli, 14, community member





# Young leaders taking action

## Vaibhav, India Raleigh ICS volunteer

Vaibhav conducted a health awareness session for children at a primary school in his village. He played games with the students based on themes around oral hygiene, hand washing, and overall personal hygiene. Vaibhav introduced the idea of a tippy tap, and taught the students and teachers how to build and maintain it. He also built one in his own home, and raised awareness among the people in his own community about the benefits of tippy taps.

“When I was a volunteer with Raleigh ICS I learnt many skills including hand washing, the effects of open defecation and the importance of healthcare. It was a good experience. In my community students and other people are not aware of good health and hygiene, so I chose to do this as my action at home.”

- Vaibhav



## Lilian Shirima, Tanzania Raleigh ICS volunteer

Lilian held awareness-raising sessions around health and hygiene in Kitangiri secondary school, Mwanza City, whilst highlighting the benefits of volunteering amongst the students.

“My community still doesn’t understand the importance of using safe toilets and maintaining personal hygiene. Many families can’t afford a water pipeline because the main water source is far away, so the use of a tippy tap is very important to most of the community. I showed how the tippy tap works and demonstrated that it is an easy and cheap way to maintain hygiene. We mobilised all of the students at Kitangiri School on the importance of tippy taps; the result will be positive as the students will go back to their families and raise awareness there.”

- Lilian



# National Youth Societies

We continued to support the development of local youth civil society organisations in all of the countries we work in. We also worked closely with our established independent societies in Bermuda, China, Hong Kong, India, Malaysia, New Zealand, Singapore, and Uganda.

At a conference hosted by Raleigh Kuala Lumpur in Malaysia, six alumni societies from the region came together to share learning and best practice. In attendance was Raleigh Sabah Society, which celebrated its first anniversary and achievements in working to reduce poverty in rural Sabahan communities.

Raleigh China ran two, fifteen-day youth camps, engaging 187 young people with Raleigh for the first time. The youth camp participants, aged between 14 and 17, came from all over China to take part in voluntary work and a trek.

Raleigh Hong Kong chose to allocate funds raised through its Wilson Challenge event to support the delivery of a water project in Tanzania in 2015. This was the first time an alumni society has funded a project in this way.

Societies made notable progress in Costa Rica and Nicaragua, where young volunteers ran community service projects in rural areas. Raleigh Costa Rica society members worked to maintain pathways in the national park of Isla San Lucas, which will bring economic benefits to the area through tourism and scientific research.

In only our second year in Tanzania, the Raleigh Tanzania Youth Society grew to over 250 members, who are actively working in rural communities to reduce poverty and protect vulnerable environments. They worked alongside Raleigh Tanzania to host a successful event celebrating Youth Empowerment, attended by 150 guests from the government, private and NGO sectors. Guest speakers included the Permanent Secretary of the Ministry of Information, Youth, Culture and Sport; the British High Commissioner; and Tanzanian alumni.





## Raleigh International

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