



EXPEDITION INSURANCE & HEALTH GUIDANCE

A group of seven people are in a black canoe on a river. They are all wearing life jackets and smiling. The background is a lush green forest. A large green diagonal shape is overlaid on the left side of the image, containing the text 'INSURANCE INFORMATION' in white.

INSURANCE INFORMATION

Raleigh International requests that each participant (Venturer and Venturer Managers) coming on the Expedition has insurance with a minimum coverage of US\$10 million for medical care, accident, COVID-19, sickness, return home, disability, and death.

Insurance advice

Protection and assistance:

If your medical insurance does not include travel coverage, we recommend that you purchase additional travel insurance.

Insurer:

Ensure it covers your Expedition country (Costa Rica, South Africa or Borneo).

Minimum Coverage:

- US\$10 million for medical care
- Accident cover
- COVID-19
- Sickness
- Return home/repatriation
- Disability
- Death

Policy Period:

The coverage must cover from the day you arrive in the country until the day the Expedition ends. We recommend that it be done for the ideal length from departure from home to return to the home country.

Assistance Providers:

Raleigh staff or Venturer Managers will accompany you for any required medical attention during Expedition. You will be accompanied by at least one person who can communicate in the local language.

Type of work

- Manual work on project sites – look for permitted manual work policy – you will not be above 2 meters or using heavy machinery, and will have all safety equipment and PPE required, whilst being supervised by a professional and working with an organisation.
- Look for volunteering and work abroad policy – this often includes a level of manual work on a project site such as the ones you will be working on.
- Hiking – this will not be above 2000meters.
- Animals – In both Expedition countries you will be working on project sites in proximity to animals (in South Africa, Big Game), however not working directly with them.

What Raleigh does not provide for your Expedition programme

Unless these are covered by a separate agreement, you are solely responsible for purchasing and/or obtaining:

- Medical insurance
- Personal equipment
- International flights
- Cost associated with travel, such as Government required quarantine
- Costs associated with you not adhering to Raleigh International's requirements of participation
- Vaccinations (read below)
- Medical checks, test or certificates
- Background checks (e.g.DBs)
- Medicine for pre-existing conditions
- Additional insurance if required
- Visas (if applicable)

Recommended Insurers

These are some possible insurance providers – however it is ultimately up to you which provider you use based on your individual needs and judgement.

- World Nomads
- Big Cat Travel
- Axa
- Your credit card company / bank



HEALTH INFORMATION

You must disclose health information

You must disclose complete and accurate details of all pre-existing physical or mental health considerations and anything else that may affect your ability to partake in the Expedition. This includes confirmation that you have received the mandatory vaccinations that we consider essential for travel to the Expedition country.

Health disclosure information must be provided by the Health Form as notified to you in your Welcome email from us. Otherwise, we may withdraw your offer. You must receive health clearance from us before booking your flights to travel and before partaking in the Expedition. The health clearance process may involve obtaining a medical check, test, certificate, or treatment from a registered doctor at your own expense. We will confirm by email once clearance is confirmed by Raleigh International.

As part of this health form, you agree to disclose the same to your insurers to ensure you are covered for all medical care whilst on Expedition.

You are responsible for vaccinations

It is your responsibility to make sure that you have had the appropriate and adequate vaccinations prior to going abroad. We accept no responsibility for your decision not to obtain the mandatory or recommended vaccinations. In the event you were to arrive on Expedition without the mandatory vaccinations, you will be required to obtain these at your own cost before you are allowed to continue with the Expedition programme.

Anti-malarial medication is not required for the areas you will be working in Borneo, South Africa or Costa Rica – instead we will take precautions to reduce the risk of exposure to mosquitos including DEET use, longs o'clock and mosquito nets. It is your choice if you would like to take anti-malarial medication in addition to the above. If you choose to do so, please include it on your health form and let the your Venturer Managers know!



If you have any
questions please get in
contact.

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